

What is possible in the field of esotericism and parapsychology and also proved for many years

Possibilities and abilities in the field of telepathy, clairvoyance and precognition, psychokinetics, spatial relaxation - bilocation, hypnosis, autohypnosis and other areas mentioned here are not only possible but also proved for many years.

These are not seemingly some random miracles or spells and lines, but are deliberately wanted and scheduled activities, repeatedly and purposefully induced results of human will and conscious wanting using the creative powers of the subconscious. It utilizes natural or intentionally induced states from full consciousness to deep trans or in the presence of both states of varying intensity simultaneously.

Proven capabilities and capabilities of sensitive people and media

- The clairvoyant medium recognizes what is happening in distant places, reads closed sheets and random places of closed books, and in languages unknown to him. He recognizes his illness, causes and gives means against it (similarly judges about other people's diseases, even from a distance). He predicts future things, recognizes things hidden, unknown, sees the characters of the spirits of the other invisible, etc. Clairvoyance (the sixth sense of man) can be cultivated as another media ability.
- Media and somnabular personalities in the dark see radiating subtle shining steam or flames from various objects, seeing in the distance, clairvoyance, writing notes and playing the heaviest songs, even though they have never learned to play the instrument. There is also a baby font.
- Direct messages - reasonable answers can be obtained in an unknown language. There are future or distant things that the medium could not have known in advance. Other phenomena beyond the intelligence of the medium or phenomena against its will can be achieved.
- Medium in trance can easily do anything due to hypnosis, suggestion, autohypnosis and autosuggestion. He does this sometimes and sometimes not, although he wants it and the conditions are the same as elsewhere. The medium can also have a protective spirit that can mediate connections with other spirits. The medium can unknowingly deceive (if we wish something that does not actually exist and must be created by the soul's forces) and can speak the truth (if our wish is concrete and possible).
- The medium does not have to fall into trance, it is fully aware of what it is doing (speaking, singing, and writing in various languages with natural ease and fluency) and what is happening around it. Although the soul of the conscious self is lost in a deep trance, the powers, talents and abilities remain intact. The medial powers and capabilities of the subconscious self are still unclear.

- Materialization - creation of teleplasmic phenomena (phantoms of talking persons and animals, hand carrying things and performing various tasks). Telekinesis, levitation - levitation, transfer to distant places (teleportation), benefits of objects, psychometry, teleplastic experiments in full light (head, face), stigmata, knot binding without touch, etc.

Proven possibilities and abilities in the field of telepathy

- Success rates are highly likely - 65-90% (for example, one telepath correctly determined everything at 80%). It is confirmed that it is possible to establish contact with the deceased and at the same time to telepathically talk to him. It is possible by intense request or vivid imagination to transfer the spirit to an absent, far away object or to read the other person's thoughts through the wall.
- The telepath issued a telepathically remotely order which was accurately executed. The recipient answered telepathically exactly to the questions he had been asked. He merely summoned subjects to the pub in the specified order and with the specified items.

Proven possibilities and abilities in the field of clairvoyance and precognition

- Naturally, under certain circumstances, one can feel other people's thoughts, learn about hidden deeds, happenings and secrets, and learn about distant events where the test person discovers, for example, complex scenes and events from daily life, search for criminals, predictions for the future.
- Forecasts for the future are also proven - for example, the broadcaster accurately describes the appearance and characteristics of the person sitting in the designated chair in the hall.
- Finding lost items, finding dead on the battlefield, detecting crimes, searching for criminals. It is possible to identify hidden actions, actions and secrets, such as reading the contents of a letter in a closed envelope, seeing and describing things in lockers, etc.
- It is possible to quickly find (hunt down) hidden persons within a radius of 4 km (anyone can be seen in a trance with their clairvoyant mental eyesight) hidden outside, in buildings and underground. The found found that the finders did not look at them with direct eyes, but perceived them from the side or back, or the hand.
- The clairvoyant predetermined the dates of war changes, subjects in both world wars determined the stay of soldiers, the time of their return, if it fell or is alive. He also sensed where the stolen jewel was hidden, he sensed a warning thought signal, he knew what and where he was in his bag and what was written on it, etc.

- It is possible to read mind images of passive people, to feel other people's thoughts, to discover complex scenes and happenings of daily life (eg Mr. X is unconsciously freed spatially with the help of fluid, which makes it easy to obtain plans and information remotely in advance).
- Area of protonation - clearly, as if by inner sight, he was traveling through an unfamiliar landscape, for about ten minutes, while perceiving all the details. In three years, he had been realistically there, and nothing had changed — the people were exactly the same, and what he saw were exactly the same movements and gestures. What he saw as real in his mind, he saw three years later in reality.

Proven possibilities and abilities in the field of psychokinetics

- Kinetics - the spirit has power over the material elements scattered in space. By will alone, he can merge them immediately (materialization) and give them the form of real objects and movement. By associating elementary material particles, the human spirit can change its physical form in various ways, give it a different shape, duplicate, float, act on another matter, etc.
- It is possible to hover and move objects without human touch. It is possible to move and transfer objects that are often very distant (Mr. X often let a vase weighing 4 kg disappear and created it elsewhere). The table was moved without the touch of hands, objects distant from the media were moving and floating in the air. A single person (even a child) can easily handle an object weighing up to 100 kilograms. Another lifted the heavy table and had it transferred to another, predetermined location. Sleepy impressed the larger picture on the wall in the theater hall, so he descended himself and lay freely on the table.
- Human beings can also float above ground. The size, weight or position of the levitating trance may vary. Only medial, somnabular personalities are able to do this.
- Knock communication (it is possible to communicate with ghosts), eg knocking in a specified number of strokes. Knocking echoed in the air or in some objects. He put his hands on the table, soon he was knocking. He began spelling the alphabet and dictated his name.
- Writing Communications - Get direct written communications of unknown, distant, or future things. For example, a pencil in the hands of a media guided by the ghost quickly writes answers to the questions asked, even in a foreign language. Automatic writing - direct written communications of unknown, distant or future things can be obtained.
- Various aids are used, for example, a psychograph is an alphabet paper, eg in a circle, and a moving pointer (or sideric pendulum) stops and shows letters. Sometimes the pointer is fixed

and the circle rotates. Little planet with a pen - the hand resting on it writes on the paper under it. The pen can also write itself, eg attached to a table leg over paper.

- Direct ghost fonts - clean, previously unwritten paper shows undetermined handwritten text from below, despite a 2cm thick oak board. It is impossible to write by hand media - something written without touching the hand appears - this can be done with every reliable media or with yourself. The pencil erects itself into the writing position and writes.

- The penetration of solid bodies according to the spiritists' interpretation consists in the immediate separation and fast connection of atoms. By separating the atoms, a material object can disappear before our eyes and reappear when the atoms join together. In phenomena of this kind, there has always been a considerable warming of the dematerialized object, and even light changes have been observed. By halting (mitigating) molecular movements, we ensure intact and permeability, because scattered points would not prevent other points from entering large spaces between them.

Proven possibilities of spatial relaxation – bilocation

- Bilocation is mechanical bifurcation, the materialization of a double body in space. Intentionally unwanted, unintentional case, when Mr. X fell asleep in the evening and suddenly woke up and found himself to be spatially relaxed and located in the center of the room about a meter from the ceiling. At the same time, he saw his gross (physical) body lying on the bed and the other, fluid (ectoplasmic), having a similar shape but livelier and brighter, in the space above it (not realizing he could see or perceive everything in light even when it was night).

He realized this condition, saw what time it was on his watch, wanted to take advantage of it. He saw the church on the square, wanted to see its interior and in that second he floated in the church, he was not afraid, he was easily (the fluid body does not go from one place to another, but is where we want it). He wanted to be back and immediately back and then wherever he wanted to be. He had a contented and happy feeling of freedom and happiness.

Return to body by command: Back to body. Repeatedly, then a feeling of pain in the body, presence in the body, a feeling of weight, pain, dissatisfaction, three hours of managing stillness. Problem solving and return - when the body is spatially relaxed, both bodies are connected by a fluid silver-whitish tape, and when this connection breaks, the coarse body leaves the fluid body. Under certain circumstances, both the conscious and subconscious self unite and form the unity of both self in one body.

Proven possibilities of using hypnosis and autohypnosis

- Hypnosis is also a means of manipulation (eg directing someone and somewhere to do anything, anytime, gaining information).
- Anything can be remembered with the help of hypnosis. Since this is a process, more hypnotizations may be needed.
- Some semi-hypnotic phenomena can also be obtained by the action of metals and magnets. It is also demonstrably possible to discharge (recharge) the power source over a distance.
- In hypnosis it is possible to answer questions when one cannot make decisions, eg between 2 partners. This is possible through special procedures of communication with the subconscious, where the physical intelligence of the subconscious chooses the right choice. For ideomotor signaling and communication with the subconscious can be used sideric pendulum.
- Both autohypnosis and hypnosis are powerful suggestive means to induce the right positive mood, confidence and belief in the success of each action.
- Self-hypnosis is a suggestive enhancement of one's own abilities and a change in the setting of basic patterns of thinking, behavior and behavior in the subconscious.
- Using self-hypnosis, you can circumvent weakening thought processes, remove blocks (de-blocking), and replace them with new paths that bring changes and new possibilities.
- For example, for healing purposes, we can instill in the subconscious healing ideas, self-confidence, resilience, eliminate images, depression, suffering, fear, etc.
- Inner space achieve body and therefore is able him also break of. Hypnosis also autohypnosis be possible for exert influence up function ranks organs.
- Inner space can exert influence up immune system and next areas. Fruitfulness of treatment do not only tubercular disease depends on timeous integration hypnotherapy. That can extremely boost up immunity framework, but there must arrive at betimes.
- Get thin by dint of hypnosis and autohypnosis is the only likely confirmed fashion. Out of correct config inner space is namely confirmed effect precluded. Commercial number hypnotherapeutic campfire is 8.
- In the area hypnotherapy it is known couple studies, which prosperously conducted himself to aggrandisement breasts until about 1,5 size. By 28 % of women with there has to aggrandisement on by them determined amount, by 85 % there has to big aggrandisement.

Other proven possibilities, abilities, actions and phenomena

- It is proven that it is possible to be in several rooms at the same time, even in distant places (the simultaneous presence in sixteen theater performances in different cities and simultaneous watching of all games caused an increased mental experience).
- It is possible to hover and move objects without human touch. Many people are sometimes unable to move a light object and, on the other hand, a single person (even a child) can easily handle an object weighing up to 100 kilograms (changing the effect of gravity).
- Human beings can also float above ground. The size, weight or position of the levitating trance may vary. Only medial, somnabular personalities are able to do this.
- During the trance, you can read in the souls of the living and deceased, read all the news from the objects or receive them directly from other spirits (they cannot beg for long, they know everything, convince with great precision to the finest detail).
- A small child answers with a pencil questions from the life of adept adults - the child's subconscious can not be, because it is still a blank sheet, can not write and, moreover, remains in a normal state.
- A young child writes notes and plays the heaviest songs, even though the instrument has never been taught.
- In the dark, he sees emanating light, steam, flames, distant, clairvoyance from various objects.
- There are future or distant things that the media could not have known in advance.
- It is possible to carry objects that are often very distant.
- Mind images of passive persons can be read.
- Reasonable answers can be obtained in an unknown medium.
- Mr. X reliably solves renovations on car prototypes as innovators.
- He was driving a blindfolded car, even if he couldn't drive.
- He won a blindfold game of chess with a strong chess player, although he played for the first time and did not know all the rules of the game.
- It was played on a closed and locked piano in daylight.
- She should have taken a box of matches from a table covered with many objects that could not be seen underneath and reached for her confidently.
- Another lifted the heavy table without touching it and moved it to another predetermined location.

- The table was broken with invisible hands.
- Another often made a vase weighing 4 kg disappear and created it elsewhere.
- Asleep floating impressed the larger picture on the wall in the theater hall, so that he could bear himself and lay freely on the table.
- Asleep floating created a visible materialization of the spirit in a living form as desired within 6 minutes so that it was possible to talk to it (the spirit form was created by the subconscious Self of the subject).
- Asleep floating wanted to leave, opened the locked door with a touch, and left. When he attempted to arrest he rose to a height of about 100 meters and sailed, commanded to the ground. When he tried to take away, he created an attractive force that not even 7 people moved with him.
- Another was asked in a trance to walk 5 km by leaps and bounds; he went long floating steps, as if hovering and 5 km walked these steps - ran in 18 minutes (at a speed of about 20 km / h).
- Mr. X commanded Mr. Y in his thoughts to come (after a few minutes he apologized from the ladies' company he was weak, closed his eyes and came).
- etc ...

These effects and happening are not need be able account for and argue scientifically, because be enacted beyond the pale human knowledge, which is limited his contingency and by of limited levels knowledge actual of science is thus an absolutely out of his comprehending. Fundamental infiltration is, that these, for us "marvelous" goings, processes and happening in practice under certain condition be functional.

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